



**INSTITUTE FOR HOPE RESEARCH
PROFESSIONAL DEVELOPMENT SERIES II
“How to Publish a Journal Article”**

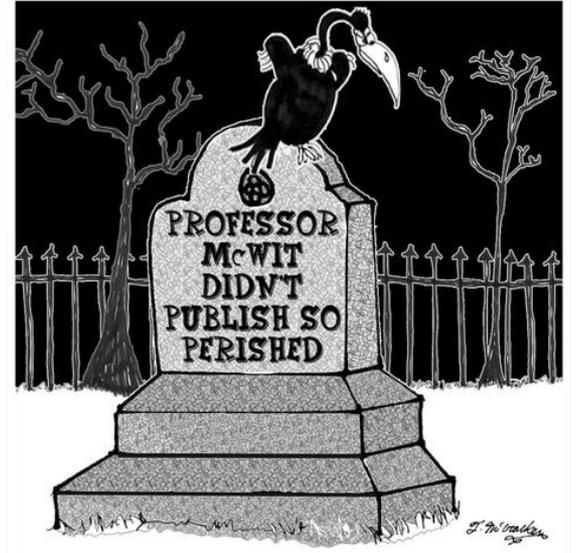
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IHR 2022 Professional Development Series, October 21st

Publish or Perish



- Publish or Perish
 - Is a common phrase used to describe the **PRESSURE** researchers feel to publish their research findings in order to stay relevant and be successful within the academic community (Fanelli, 2010; Neill, 2008; Plume & Van Weijen, 2014)



Behind My CV



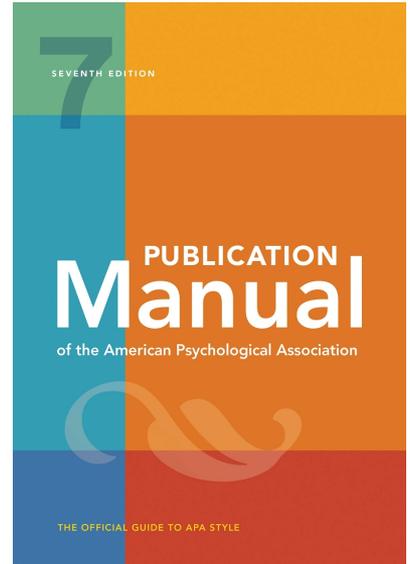
- 22 peer-reviewed journal articles
 - On average, 1-2 rejections and 2-4 years for each accepted paper
 - One paper received 7 rejections and took 6 years to be published!



How to Publish a Journal Article



- See Chapter 12 “Publication Process” in APA manual
 - Preparing for publication
 - Understanding the editorial publication process



How to Publish a Journal Article

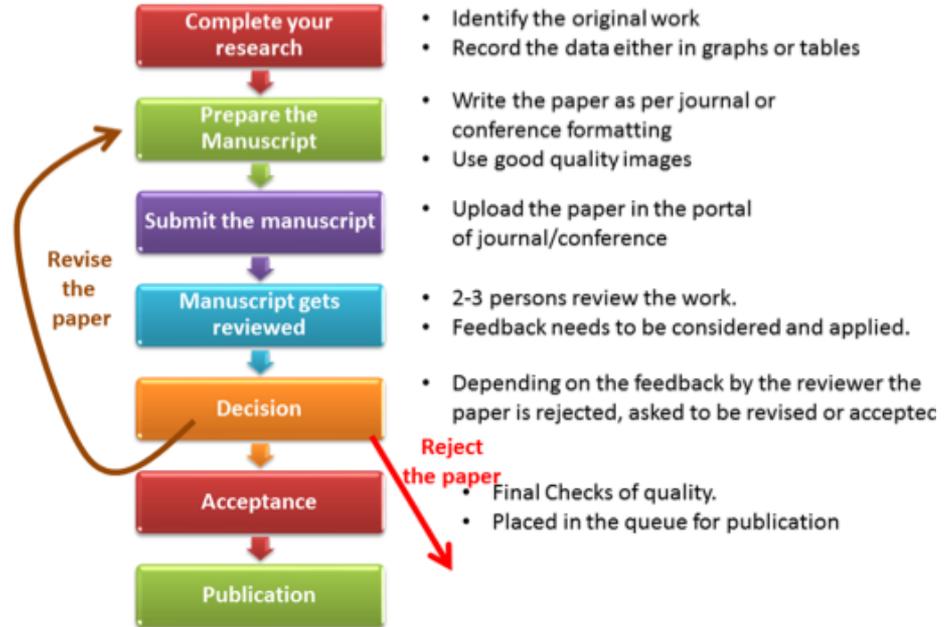


- Agenda
 - How the publication process actually works? – Example based
 - What journal to target and submit?
 - How to tailor your manuscript?
 - How to revise your manuscript?
 - Tips and Advice

How the Publication Process Works?



- Submit
- Review
 - Revise and Resubmit (R&R)
 - Reject
- Accept
- Published!



How the Publication Process “Actually” Works?



■ Where to Submit?

- Two (broad) strategies
 - Heuristic: Top to bottom
 - Systematic: Targeting

Top to Bottom

- JPSP
- Psychological Science
- PSPB
- JESP
- SPPS
- Journal of Personality
- Journal of Research in Personality
- Journal of Positive Psychology
- Self and Identity
- Open access journals
- And so on...

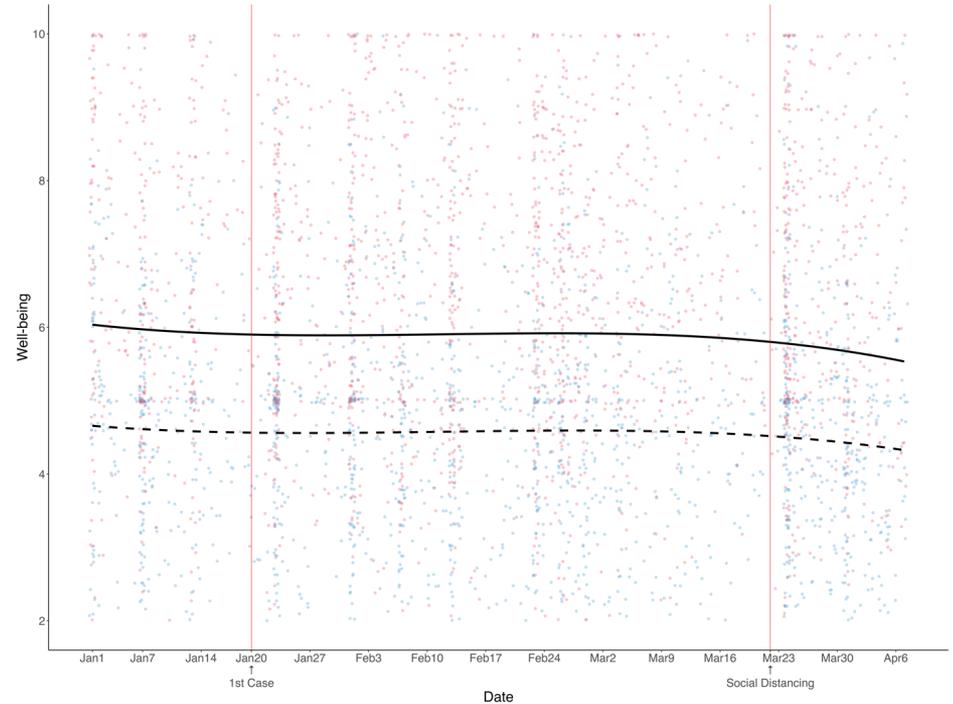
Targeting

- Specialty journals
 - Motivation and Emotion
- Special issue
- Broader readership
 - JEPG

Example



- Extraversion and well-being during COVID-19



Where to Submit



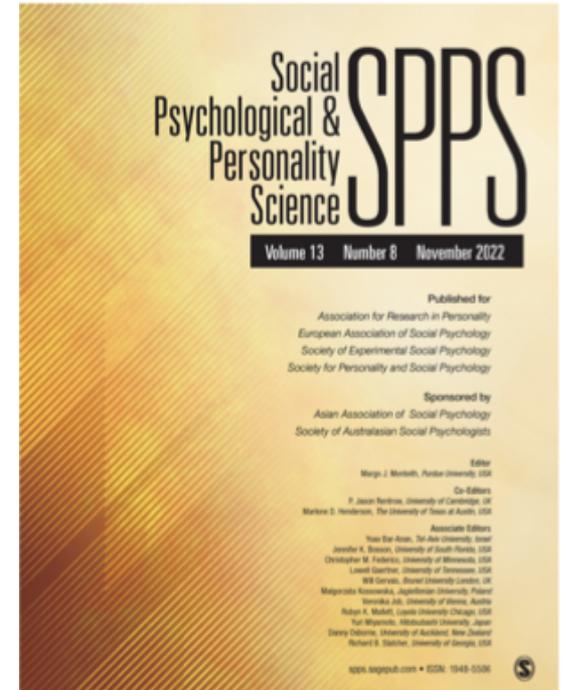
- We started with Psychological Science
 - Top-to-bottom strategy
 - long shot but worthy..?
 - Desk rejected
 - Not necessarily bad thing!
 - Save time
 - Quick feedback



Where to Submit



- We then moved down to SPPS
 - Top-to-bottom strategy
 - Still top-tier journal
 - But addressed the issues raised by Psych Science
 - They don't have a desk-rejection system; so will get full reviews
 - Reject after the review
 - Seriously took the reviews
 - Revised the manuscript



Where to Submit



- We then moved to JRP
 - Top-to-bottom but also targeting strategy
 - Personality (extraversion) relevant
 - Lower tier, so greater chance?
 - Worked hard to address the reviews provided by SPSS
 - R&R
 - One more R&R
 - Finally accepted for publication!



How the Publication Process “Actually” Works?



- Did you notice...?

Psychological Science <onbehalf@manuscriptcentral.com>
to jinhyung ▾

Thu, Nov 19, 2020, 2:07 AM ☆ ↶ ⋮

18-Nov-2020

Social Psychological and Personality Science <onbehalf@manuscriptcentral.com>
to jinhyung ▾

Wed, Jan 27, 2021, 1:22 AM ☆ ↶ ⋮

Dear Dr. Kim:

26-Jan-2021

Journal of Research in Personality <em@editorialmanager.com>
to Jinhyung ▾

Tue, Oct 4, 5:04 AM ☆ ↶ ⋮

Dear Dr. Kim:



It took almost 2 years!

Ms. No.: YJRPE-D-21-00530R2

Title: Longitudinal examinations of changes in well-being during the early period of the COVID-19 pandemic: Testing the roles of extraversion and social distancing

Tips and Advice



- It's a long process; so be patient!
- Rejection is painful; take care of yourself!
 - Anger can help
 - Find social support (not academia-relevant)
 - Take a few days off and get back to work!
 - Any other tips?

How the Publication Process “Actually” Works?



- How to Tailor/Revise Your Manuscript?
 - Read carefully the reviews
 - Find a journal that fits your work
 - MUST read the [submission guideline](#) beforehand!
 - Article length
 - What to report
 - Any other requirements



How the Publication Process “Actually” Works?



- How to Tailor/Revise Your Manuscript?
 - How good should your first draft be?
 - Your goal is to maximize strengths and minimize weaknesses of your work
 - But consider what kind of mindset reviewers would have
 - Prevention focused rather than prevention focused (Fiske, 2009)
 - Mistakes and even minor errors might be stronger than positive things about your paper

Final Advice



- Going through a submission process during the master program...
- Publishing your first work (e.g., master's thesis)...

